LUXURY MEETS WELLNESS - ENJOY 48% OFF TODAY

MYNK

MYNK SMART RING

India’s lightest health ring with BP, sleep & heart rate tracking just 4 gm.

★ 4.9/5 Reviews | ↗ 10K Unit Sold

₹ 6,499 ~~₹ 12,999~~ **50% off** Sold out

■ ■ ■

Shipping calculated at checkout.

Available Size | Sizing Guide

7 8 9 ~~10~~ 11 12

Quick Enquiry

Track Heart Rate. Monitor Sleep. Check BP. No Subscriptions.

India's lightest health ring with BP, sleep & heart rate tracking just **4 gm.**

10,000+
Users

iOS
Android

Data
Encrypted

5 Days Battery on Single Charge*

5 Day Battery Backup*

Why Indians Are Switching to Mynk

SpO₂

Heart Rate

Steps & Calories

Stress & HRV

Blood Pressure

Sleep Analysis

Monitor blood oxygen levels for respiratory health

Detect stress, exertion & recovery trends

Measure daily movement and calories burned.

Monitor stress in real-time - spot patterns, stay in control.

Stay ahead of hypertension with trend alerts

Understand your deep, REM, and light sleep cycles.

Made for Indian Lifestyles

4 gm
Featherlight

24/7 wear
even during sleep

IP68 Rated
Shower, gym, and sweat-proof.

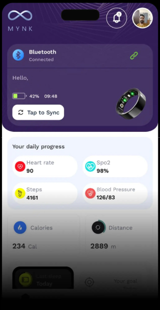
Wellness Isn't a Guessing Game

OTHER	VS	MYNK
✗ You guess why you're tired.		✓ Get precise sleep + recovery scores daily.
✗ You miss early BP or stress warning signs.		✓ Stay ahead of hypertension with real-time BP alerts.
✗ You rely on bulky wearables with hidden fees.		✓ Loved ones get notified the moment something's wrong.

Smart Health Tracking That Fits Your Life

Zero Subscriptions

No Hidden Fees



MYNK

Bluetooth
Connected

Hello,

42% 09:48

Tap to Sync

Your daily progress

Heart rate 90

Spo2 98%

Steps 4161

Blood Pressure 126/83

Calories 234 Cal

Distance 2889 m

Last sleep Today

Your goal

Lifetime Access

locked Features

Loved by Health - Conscious Indians

Priya, 32, Bengaluru
★★★★★

"I improved my deep sleep score by 40% in a week."

Arjun, 45, Mumbai
★★★★★

"Caught early BP spikes thanks to Mynk's instant alerts."

Amazon Bestseller | Flipkart Verified | 10,000+ Rings Sold

Every Metric That Matters. One Ring.

- SpO₂
- Stress & HRV
- Heart Rate
- Blood Pressure
- Steps & Calories
- Sleep Analysis

Where Mynk Wins on Tech

Technical Feature	Mynk Alpha	Other Rings
Blood Pressure Monitoring	✓ Yes	✗ No
Heart Rate	✓ Yes	✓ Yes
Family Alert System	✓ Yes	✗ No

Sleep Staging (REM/Deep)	✓ Yes	✓ Yes
Subscription-Free Access	✓ Yes	✗ No
Weight	4 gm	4 gm
Battery Life	5 Days	4-7 Days
Waterproof Rating	IP68	IPX8
Sensor Suite	PPG, SpO_2, BP, HRV	PPG, Temperature
OS Compatibility	Android + iOS	Android + iOS

You Asked. We Answered

1	**Is it safe for 24/7 wear?**	Yes. Designed for all-day comfort, sleep-safe and waterproof.
2	**How reliable is the data?**	Backed by clinically validated sensors.
3	**Can family alerts be disabled?**	Yes, fully optional in settings.
4	**Are there any hidden costs?**	None. You get full access for life.
5	**What about data privacy?**	All health data is encrypted end-to-end.

Product Specification

Weight : 3.6 - 4.5 g (Ultra-light)

Chipset : AC6323 (Low-Power, Efficient Performance)

Compatibility : Android 5.1+, iOS 8.0+

Heart Rate Sensor : Goodix GH3018

Secondary Sensor : SC7A20H

Operating Temperature : 0°C to 50°C

Battery : Rechargeable Lithium Polymer

Charging Type : Magnetic Charging dock

App : Mynk Smart Ring

Features

Other Details

MYNK

Home Contact us Warranty Privacy Policy Shipping & Delivery Policy User Manual Ring Sizing Chart

© 2026, mynk.online Powered by Shopify